

IDENTIFY A PERSONAL GROWTH POINT IN EACH OF THE THREE CATEGORIES OF SPIRITUAL DISCIPLINE, CHARACTER QUALITY, AND RELATIONSHIP. COMMIT TO ALLOW GOD TO GROW THESE AREAS OF YOUR LIFE AND BE HELD ACCOUNTABLE BY OTHERS IN YOUR SMALL GROUP.

Spiritual Discipline

- Personal Bible study – hunger for God’s Word, regular time of reading, studying, and meditating on the Word
- Prayer life – a meaningful prayer life including praise, confession, intercession for others, journaling, and listening
- Scripture memory – systematically memorizing and reviewing Scripture
- Giving – cheerfully giving a biblical portion to the work of the Lord
- Corporate worship – engaging with God through consistent participation in weekend worship services
- Accountability – connected in a relationship for the purpose of transparency and personal growth
- Serving – actively involved in shouldering weekly Kingdom responsibility
- Fasting – routinely fasting (from food, media, activity) to seek the Lord through prayer and dependence on Him
- Sabbath Rest -

Relationship

- Spouse
- Son
- Daughter
- Parent
- Sibling
- Neighbor
- Co-worker
- Witness with non-believer

And let us consider how to stir up one another to love and good works – Hebrews 10:24

Character Quality

- Boldness – not being afraid to share who Jesus is with confidence assurance; being gentle, kind, and loving
- Compassion – empathy on behalf of another’s circumstance and acting on their behalf
- Contentment – being at peace; not given to anxiety, nor jealousy and envy
- Even Tempered – not given to sinful anger and temper
- Faith – confidence in God and His promises of you regardless of the circumstances
- Forgiveness – releasing someone of a wrong done to you
- Honesty – being truthful and above reproach in all things; not deceptive nor hypocritical
- Kindness – acting in love and grace by helping others
- Patience – a spirit of forbearance
- Peace – sense of fulfillment that comes from being rightly related to God and rightly related to others
- Purity – thinking and acting in godly ways; not given to lust and sexual immorality
- Self-controlled – bringing thoughts, emotions, and actions under the control of the Holy Spirit rather than flesh
- Selfless – considering the needs of others above yourself
- Truth in Love – willingness to speak truth in a spirit of grace; not passive (love without truth), not harsh (truth without love)
- Wholesome speech – quick to encourage and build others up; not given to vulgarity, gossip, slander

Once each person identifies areas of personal growth, they may ask for ways to develop that area in their life. Here are some suggestions:

- 1) Pray daily about the area.
“Lord, help me to be _____ today.”
- 2) Identify some specific goals.
- 3) Read a book about the topic – pick up a book about prayer, strengthening your marriage, etc.

- 4) Do a Bible search / study regarding a topic. Discover what God’s Word says about meditation, peace, etc.
- 5) Identify roots of sin that prevent growth in an area
- 6) Meet with small group leader or other believers to discuss how to grow in that area
- 7) Journal the journey – struggles, victories, teachable moments, etc.
- 8) Trust God to sanctify you and form you into the image of Jesus Christ