



SMALL GROUP CURRICULUM

Sermon: **The Fourth Commandment, Part 4 (Exodus 20:1-21)**

Date: **July 9, 2023**

Group Discussion Questions

1. How did the Holy Spirit speak to you through the teaching and bible passage this week?
2. According to Exodus 20:8-10, who is required to keep the Sabbath? Who is the Sabbath for? Argue from the text.
3. Read Isaiah 58:13-14. Pastor Jacob said, “The Sabbath is not a day to pursue our pleasures, but the greatest pleasure—God himself.” What does this mean? How does this connect to what is said in Isaiah 58:13-14?
4. What is the governing principle of the Sabbath day? What is the primary focus of the 4th commandment?
5. Pastor Jacob said, “You lose your focus when the Sabbath becomes about what you *can't* do or about what you *have* to do. It should be about what you *get* to do.” Can you further explain what he means by this?
6. When it comes to the busyness of life and all that needs to get done, how is giving the Sabbath day to the Lord an act of faith?
7. How can we seek to avoid turning the Sabbath day into a suffocating day of formalism and legalism?



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8. What kind of work *is* permissible on the Sabbath day? Explain.

9. What are some practical things that families can do to ensure the proper observance of the Sabbath in the home?

10. What is the promise found in Isaiah 58:13-14 for those who practice proper Sabbath observance? How does this motivate you to want to keep the Sabbath?